

# October Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 VARIOUS MEATS CHOICES SWEET POTATOES MIXED VEGETABLES	2 POTATO CRUSTED COD CHEESY RICE PARSLIED CARROTS	3 HONEY BAKED HAM SWISS CORN CASSEROLE GREEN BEANS	4 BACON RANCH CHICKEN BREAST TWICE BAKED POTATO BRUSSEL SPROUTS	5 LASAGNA CREAMY LETTUCE SALAD BREADSTICK
6 YANKEE POT ROAST W/ ROOT VEGETABLES SPICED APPLE RING GARNISH ROLL/MARGARINE	7 BAKED SWISS CHICKEN RICE PILAF CASCADE BLEND VEGETABLES	8 MAPLE & ROSEMARY PORK LOIN BAKED SWEET POTATO HONEY BUTTER CRISPY ROASTED BRUSSEL SPROUTS	9 MONTREAL PEPPERED STEAK CHEESY PARTY POTATOES GREEN BEANS W/ CHERRY TOMATOES	10 STUFFED CHICKEN PARMSAN SHELLS SEASONAL VEGETABLE GARLIC TOAST	11 SALMON CROQUETTE SCALLOPED POTATOES LEMON BROCCOLI	12 SWEDISH MEATBALLS OVER MASHED POATOES SCANDINAVIAN VEGETABLES
13 ROAST TURKEY CRANBERRY SAUCE STUFFING GRAVY GLASED CARROTS	14 ITALIAN RAGU PARMESAN CHEESE BROCCOLI GARLIC TOAST	15 GLAZED MEATLOAF MASHED POTATOES BEEF GRAVY PEAS	16 OLD BAY SEASONED FISH ROASTED POTATO MEDLEY SPINACH AU GRATIN	17 SWEET ONION CRANBERRY CHICKEN TWISTED MAC PASTA SALAD CHEESY CORN	18 PORK CHOPS IN SOUR CREAM GRAVY PARSLEY BUTTERED MASHED POATOES MAPLE ROASTED CARROTS & BEETS	19 CLASSIC BEEF STEW BISCUIT APPLE SALAD
20 APPLEWOOD SMOKED PORK LOIN BAKED SWEET POTATO SCANDINAVIAN VEGETABLES	21 COUNTRY FRIED STEAK MASHED POATTOES COUNTRY GRAVY SEASONAL VEGETABLE	22 CREAMY CHICKEN CARBONARA CARROTS GARLIC TOAST	23 HONEY BAKED HAM SWISS CORN CASSEROLE GREEN BEANS	24 ROAST BEEF MASHED POTATOES BEEF GRAVY CASCADE BLEND VEGETABLES	25 SHRIMP SCAMPI PENNE PASTA BROCCOLI GARLIC TOAST	26 CHILI CRACKERS MINI CINNAMON ROLLS TOSSED GREENS W/DRESSING
27 FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY HARVARD BEETS ROLL/MARG	28 GLAZED HAM BALLS MACARONI AND CHEESE GREEN BEANS	29 ROAST TURKEY STUFFING GRAVY CANDIED SWEET POTATOES	30 RIBS W/BBQ CHERRY SAUCE HASHBROWN BAKE MAPLE ROASTED BRUSSEL SPROUTS	31 LEMON & ROSEMARY CHICKEN ROASTED POTATOE MEDLEY WINTER SQUASH		

# OCTOBER SUPPER MENU

		1 CREAM OF TOMATO SOUP GRILLED CHEESE BAR MARINATED CUCUMBERS COOKIES	2 PULLED PORK SALAD W/ CORNBREAD CROUTONS BBQ RANCH DRESSING PEACHES RASPBERRY FILLED OATMEAL COOKIE	3 REUBEN SANDWICH POTATO WEDGES CUCUMBERS IN DILL APPLE COBBLER W/ BUTTERSCOTCH SAUCE	4 HAM AND BEANS SPICED APPLE RING GARNISH PUMPKIN CORN BREAD MIXED FRUIT	5 SAVORY BEEF STROGANOFF NOODLES BROCCOLI FRUITED GELATIN
6 HEARTY SAUSAGE SOUP GARLIC TOAST CREAMY CUCUMBER SALAD MANDARIN ORANGES	7 BURGER BAR BAKED BEANS POTATO WEDGES CHILLED FRUIT	8 CHILI CRACKERS ASSORTED MEAT & CHEESE PLATE ROOT BEER FLOAT	9 PIZZA SHREDDED CARROT SALAD EMERALD PEARS	10 TURKEY SANDWICH W/ APPLE & WALNUT MAYO DILL PICKLE SPEAR SWEET POTATO PUFFS SNICKERDOODLE RICE KRISPY BAR	11 CHICKEN & DUMPLINGS PEAS ANGEL FOOD CAKE W/ FRUIT	12 MACARONI 7 CHEESE BAR SWEET PEPPER SLAW SLICED STRAWBERRIES OREO PUDDING
13 BEEF SANDWICH AU JUS W/ CREAMY HORSERADISH SAUCE ONION RINGS 3 BEAN SALAD PINEAPPLE	14 HAM & EGGS FRIED POTATOES SUGARED ROLL FRUIT	15 CHEESE SOUP ½ DELI SANDWICH LETTUCE & TOMATO SLICE BAKED APPLES	16 BBQ RIB SANDWICH PICKLES 7 ONIONS FRENCH FRIES RANCH COLESLAW MANDARIN ORANGES	17 MAKE YOUR OWN TACO NIGHT BANANA SPLIT	18 GRILLED ASIAN CHICKEN FRIED RICE EGG ROLL SESAME GREEN BEANS RASPBERRY PEACHES	19 CHEDDARWURST ON BUN POTATO SALAD BAKED BEANS SHERBET
20 CHICKEN TENDERS MASHED POTATOES COUNTRY GRAVY SEASONED PEAS BLUCHING PEARS	21 PANCAKE BAR BACON OR SAUSAGE FRESH FRUIT	22 CRISPY FISH SANDWICH CREAMY COLESLAW FRENCH FRIES MIXED FRUIT	23 BEEF FAJITAS & NACHO BAR SHREDDED LETTUCE/TOMATO MANDARIN ORANGES SNICKERDOODLE RICE KRISPY BAR	24 MEDITERRANEAN CHICKEN SALAD W/ FETA DRESSING PITAT BREAD DIPPERS STRAWBERRIES & BANANAS ALMOND BREAD PUDDING	25 CREAM OF TOMATO SOUP GRILLED CHEESE BAR MARINATED CUCUMBERS COOKIES	26 CRAN-WALNUT CHICKEN TURKEY SANDWICH SWEET POTATO PUFFS CHEF'S CHOICE DESSERT
27 PULLED PORK SALAD W/ CORNBREAD CROUTONS & BBQ RANCH DRESSING PEACHES RASPBERRY FILLED OATMEAL COOKIE	28 PHILLY STEAK SANDWICH FRENCH FRIES MANDARIN ORANGES ROCKY ROAD ICE CREAM	29 REUBEN SANDWICH POTATO WEDGES CUCUMBERS IN DILL APPLE COBBLER W/ BUTTERSCOTCH SAUCE	30 HAM AND BEANS SPICED APPLE RING GARNISH PUMPKIN CORNBREAD MIXED FRUIT	31 SAVORY BEEF STROGANOFF NOODLES BROCCOLI FRUITED GELATIN		