



Parker Place Retirement Community

New & Improved Parker Place!

Parker Place wants you to join us for our Open House!

Tuesday, August 14th 2018 6:00 PM—8:00 PM

Parker Place has added some great new amenities including a whirlpool tub and spa, physical therapy room, along with new carpet throughout the building and a newly renovated Memory Care! Come take a tour and celebrate this new look for Parker Place!

Senior Citizens Luncheon

On Tuesday, August 21st, we will be honoring our senior citizens for all of their contributions to our community with a lunch of their choice.



Join us every Monday, Tuesday & Thursday at 9:00 a.m. for our exercise program with a personal trainer. Everyone is invited to attend at no cost. Look and feel great every day!



A Letter from the Manager's Desk

- Jacob Bates

We Honor Our Senior Citizens

In 1988, President Ronald Reagan said these words: "Throughout our history, older people have achieved much for our families, our communities, and our country. That remains true today, and gives us ample reason this year to reserve a special day in honor of the senior citizens who mean so much to our land."

This quote is from a proclamation that officially established National Senior Citizens Day, and this month, the nation will celebrate this wonderful day on Tuesday, August 21st. At Parker Place Retirement Community, this observance is especially important to us and we are proud to honor our senior residents who so graciously deserve to be recognized for their wisdom, leadership and contributions to our society.

In that same proclamation, President Reagan also said, "For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute."

Our seniors at PPRC are very special to us! We value their significant accomplishments of the past and take great joy and pride that they have placed their future in our hands. At our facility, we are dedicated to providing our residents with individualized care that fosters dignity and ensures they never feel forgotten.

And please remember, friends and family are always welcome to visit our residents. Every week, we have a number of activities planned where residents' loved ones are encouraged to visit and spend quality time together. Join us for lunch or one of our fun afternoon socials!

To all of our senior residents, we appreciate you!

- Jacob Bates

Assistant Manager - Lexi Metz

Community Relations Coordinator

Schedule a tour of Parker Place today to learn if our community would be a good fit for your loved one! We are happy to show you around at any time that is convenient to you!

- Lexi Metz

Health Care Coordinator

- Maureen Hershey

National Immunization Awareness Month

All adults should understand the importance of getting vaccines. Even healthy adults can become seriously ill and can pass certain illnesses on to others. Vaccination is crucial because it not only protects the person receiving the vaccine, but also helps prevent the spread of certain diseases to those who are most vulnerable to serious complications.

Immunization is especially important for adults 60 years of age and older, and for those who have a chronic condition such as asthma, COPD, diabetes or heart disease.

Here are some facts about immunizations:

- The need for vaccination does not end in childhood, vaccines are recommended for adults too*
- Some vaccines prevent cancers such as HPV*

- Every year, thousands of adults in the U.S. needlessly suffer*
- Most adults have probably not received all the vaccines they need*
- Vaccines are very safe*
- Vaccines are available at private doctors' offices as well as other convenient locations.*

- Maureen Hershey



Save The Date

Alzheimer's Is Relentless. So Are We.

Last year, we raised critical awareness and funds for Alzheimer's care, support and research. Save the date so we can continue the fight in 2018. Together, we can end Alzheimer's!

Cedar Valley

September 22, 2018

Culinary Coordinator

Jessica Dietz

We love having family and friends join our residents for lunch and supper!!!

Meal cost is \$8 per person or \$5 for seniors. RSVPs 24 hours in advance are appreciated. Thank you!



August Happy Hour

Parker Place Retirement Community will have Happy Hour each Friday in August at 5:00 p.m.

Respite Care

Are you or loved one having surgery? Are you a caregiver and need a night to yourself? Parker Place offers respite services! Stay in our respite apartment and receive all the care our residents receive. Respite offers caregivers the R&R they deserve!

Contact Jacob Bates , at (319) 346-9771 or manager@parkerplaceretirement.com to schedule your respite stay.

Recipe of the Month

Chocolate Covered Peanuts

Ingredients

- *1 Block of Chocolate*
- *1 Large Jar of Peanuts*
- *Caramel to Drizzle*



Directions

1. *Place chocolate in microwave safe bowl and melt in microwave.*
2. *Pour in peanuts and mix well.*
3. *Scoop out and place on cookie sheet for cooling.*
4. *Once cool drizzle caramel over top.*
5. *Enjoy!*



Resident Council Meeting

Parker Place would like to invite all residents' family members to attend this month's Resident Council Meeting. Our meetings are typically held on the second Monday of each month in the dining room. Our next meeting is scheduled for Monday, August 13th at 2:00 p.m. Refreshments will be served. For more information, please contact us at 319-346-9771. We hope to see you there!

Denelle Warneke

Birthstone - Peridot

The peridot, the birthstone of the month of August, is a beautiful stone that ranges in color from olive to lime green.



Life Enrichment Coordinator

~ Denelle Warneke

Wal-Mart Shopping Trip

Join us as we go on a shopping outing to Wal-Mart on Friday, August 10th at 1:00 PM.



What's Lucky in August?

Lucky Color: Yellow

Lucky Day: Sunday

Lucky Numbers: 5 and 7

Lucky Letters: D

Lucky Plant: Gladiolus

August Zodiacs

Leo (The Lion)

August 1—22

Virgo (The Virgin)

August 23—31



Sm:)le Program

What is the Sm:)le program? The Sm:)le program is a way for us to keep in contact with resident family members. Sm:)le is personalized for your loved one. It shows what activities they have participated in, upcoming activities, photos of your loved one and all the things they have participated in and more. We also post our monthly newsletter and event notifications. If you are interested in joining or learning more about this program please email Denelle at lifenrichment@parkerplaceretirement.com

(Please note you must have e-mail to utilize this program)

Parker Place Coordinators

Manager:

Jacob Bates

319-239-7848

manager@parkerplaceretirement.com

Community Relations Coordinator:

Alexis Metz

319-310-0606

welcome@parkerplaceretirement.com

Health Care Coordinator:

Maureen Hershey

319-239-8639

nurse@parkerplaceretirement.com

Life Enrichment Coordinator:

Denelle Warneke

319-346-9771

lifeenrichment@parkerplaceretirement.com

Culinary Coordinator:

Jessica Dietz

319-346-9771

chef@parkerplaceretirement.com

Maintenance Coordinator:

Tom Moffitt

319-346-9771

maintenance@parkerplaceretirement.com

Happy Birthday

Dixie S. August 9th

Eunice F. August 20th

Jean B. August 27th

*We're rolling out the Red
Carpet for you!*



**Iowa Assisted
Living Association**



Music Speaks Therapy

Join us every Monday, and Wednesday

at 12:30 PM for our Music Therapy

Program. Open to the Public!



Parker Place
707 Hwy 57
Parkersburg, IA 50665

Volunteers Wanted!

We are looking for individuals to come spend one on one time with residents, help with activities, play cards or other games, entertainment, companionship or just bringing new ideas and activities to our residents. Come talk about what's happening in the world today. Have coffee or tea. Walk the halls. Our residents would love to spend time with you! Contact Life Enrichment Coordinator, Denelle Warneke if you would like to lend a helping hand!

Denelle Warneke (319)346-9771

